



2018 Co-Curricular Activities (CCA) Information Booklet

INTRODUCTION TO CCA

CCA play a key role in the holistic development of children. Well-organised and implemented CCA can fuel a lifelong love for a particular activity, be it a sport or a musical pursuit. This helps students to lead a balanced life in adulthood.

All CCA emphasize social interaction but each CCA has its specific objectives. For instance, sports develop robustness, fair play and team spirit in students. The performing arts instill in students a sense of graciousness and an appreciation for the rich culture and heritage of a multi-racial society. Uniformed Group activities aim to make good citizens of students by inculcating in them resilience, discipline and a spirit of service to others.

Besides building character, CCA also imbues in students an entrepreneurial spirit, self-confidence and a sense of appreciation, all of which are necessary for the holistic development of an individual.

Being in a CCA would inspire students to strive for excellence and also equip them with the necessary life skills to function effectively as an individual and as a team player.

Early exposure to CCA would also help students to transit better when they enter secondary school where CCA would be compulsory.

Come join a CCA now!

LIST OF CCA OFFERED

For P3 to P6			
PHYSICAL SPORTS	VISUAL & PERFORMING ARTS	CLUBS & SOCIETIES	UNIFORMED GROUPS
Basketball	Dance	Digital Media Club	Cub Scouts (Boys & Girls Scouts)
Football	Choir	Science Club	
Wushu	Art Club		
Taekwondo			

Notes:

- CCA is conducted during curriculum time.
- Students who are selected to represent the school for the National School Games and the Singapore Youth Festival will have additional trainings after school. These students will be informed of the training schedules accordingly.
- All P3 to P6 students to participate in one CCA. Students are encouraged to stay in the same CCA throughout the year.
- Allocation of CCA is subject to availability of vacancies.

BASKETBALL

OBJECTIVES:

- To develop all-rounded basketball student athletes.
- To develop a spirit of pursuing excellence in our players.
- To promote social integration amongst our players.
- To nurture basketball talents for our nation.



BRIEF INTRODUCTION:

Using basketball as the platform in which students strive to excel in their technical and tactical basketball skills, the school aims to motivate students to transfer this spirit of excellence into all aspects of their life, including their studies and character.

Due to its comprehensive programmes and sustained achievements, Kranji Primary School was the **FIRST** and **ONLY** Primary School in Singapore that was awarded the prestigious "Programme for School-Based Excellence" Award by MOE for its excellence in holistic basketball development.

Kranji Basketball has also supported many players to gain entry into secondary schools through Direct-School Admission (DSA). Following are the schools that our former players have attained entry:

For Boys and Girls:	For Boys:	For Girls:
<ul style="list-style-type: none"> ● Unity Secondary ● Kranji Secondary ● Jurong Secondary ● S'pore Sports School 	<ul style="list-style-type: none"> ● Raffles Institution ● Catholic High School ● Bukit Panjang Government High 	<ul style="list-style-type: none"> ● Raffles Girls' School ● Nanyang Girls' High ● S'pore Chinese Girls' School

BASKETBALL ACHIEVEMENTS:

YEAR	WEST ZONE	NATIONAL	OTHERS
2018	Junior Girls – Champion Senior Girls – Champion Junior Boys – Top 8 Senior Boys - Top 16	Junior Girls – 4 th Senior Girls – Champion	
2017	Junior Girls – 2 nd Senior Girls – 2 nd Junior Boys – Top 8 Senior Boys – 2 nd	Junior Girls – Top 8 Senior Girls – Champion Senior Boys – Top 8	
2016	Junior Girls – 2 nd Senior Girls – 2 nd Junior Boys – 2 nd Senior Boys – Top 8	Junior Girls – 4 th Senior Girls – Top 8 Junior Boys – 4 th	
2015	Junior Girls – Champion Senior Girls – Champion Junior Boys – Top 16 Senior Boys – 4 th	Junior Girls – Top 8 Senior Girls – 3 rd Senior Boys - Top 16	
2014	Junior Girls – Champion Senior Girls – 2 nd Junior Boys – 2 nd Senior Boys – 2 nd	Junior Girls – Champion Senior Girls – 2 nd Junior Boys – Top 16 Senior Boys - Top 16	National 3-on-3 Basketball Competition
2013	Junior Girls – Champion Senior Girls – Champion Junior Boys – 4 th Senior Boys – Champion	Junior Girls – 2 nd Senior Girls – Champion Junior Boys – Top 16 Senior Boys – 2 nd	National 3-on-3 Basketball Competition Junior Girls – Champion & 3 rd , Junior Boys – 2 nd & Senior Boys – Champion & 3 rd

FOOTBALL

OBJECTIVES:

- To develop character and inculcate discipline and core values in all training and matches.
- To equip students with skills and knowledge in football in terms of basic technique and game sense.
- To develop students in the 4 main domains of health: physical, intellectual, emotional and social.

BRIEF INTRODUCTION:

Kranji Football aims to holistically develop our players to scale greater heights beyond their potential. We provide opportunities for our students to grow in alignment to our core values and at the same time, develop them to be good citizens.

Under the guidance of our dedicated teachers and coaches, we provide the opportunity for students to excel in the sport regardless of their ability or experience. In this CCA, we aim to develop their physical literacy and agility in a safe and fun environment. We also build their confidence, ability to communicate and work together in a team, instill discipline and hone their leadership qualities through various platforms and weekly training sessions.

Over the years, our students have been actively participating in various competitions and football tournaments as well as friendly matches.

FOOTBALL ACHIEVEMENTS:

	West Zone	Nationals	Others
2018	Participated	Participated	
2017	Senior – 2 nd	Senior – Top 8	
2016	Junior – Champion Senior – 2 nd	Juniors _ Top 16 Senior – Top 8	
2015	Junior – 2 nd	Junior – Top 8	
2014	Junior – 4 th Senior - Champion	Junior – Top 8 Senior – Top 8	SPSSC/FAS 7-aside U10 Football Fiesta Boys – 5 th out of 37 teams
2013	Junior – Top 8 Senior - Champion	Senior –Top 8	SPSSC/FAS 7-aside U9 Football Fiesta Boys – 7 th out of 29 SPSSC/FAS 7-aside U10 Football Fiesta Boys – 2 nd out of 44 FAS/SPSSC Football Fiesta Junior Girls - 5 th out of 11 teams Football Exchange cum Cultural Experience to Vietnam

WUSHU

OBJECTIVES:

- To provide students an opportunity to experience and appreciate Chinese martial art forms and culture.
- To strengthen good character traits in students.
- To develop students' Wushu knowledge and skills to their fullest potential.
- To nurture potential talents for competitions and performances.

BRIEF INTRODUCTION:

Wushu was first introduced in Kranji Primary School as a modular programme in September 2006. As the enthusiasm and passion grew, Wushu was raised to CCA status in January 2007. Since then, the athletes have been training hard to garner glory for their team and school.

Training Programme

1. Wushu School team

Wushu school team aims to participate in competitions and performances. Members are chosen via selection trials. Training is held once a week. Additional training sessions are required for competitions and performances.

Members are categorized as competitors, performers and recreational members. It is the CCA's ultimate aim to promote recreational members to competitors and performers.

Members only need to pay for their personal training outfit, shoes and equipment (optional). For members who want to own their equipment, they would have to make the purchase personally. However, the school will provide all equipment during training and competition sessions.

2. Wushu Modular team

Targeted students from P3 to P6, the programme aims to be fun while members learn the basics of Wushu. Members only need to pay for their personal training outfit and shoes. Students who exhibit potential will be promoted to the Wushu School Team.

WUSHU ACHIEVEMENTS:

2018	<ul style="list-style-type: none">● National Primary Schools' Wushu Championship: Attained 1 Gold, 1 Silver, 1 Bronze and a 4th position trophy. 15 students took part in 9 events. 3 students, attained positions of school points.● Performed for National Day Dinner (Lim Bang event), Stagmont View RC 20th anniversary, KPS CNY celebration and Prize Giving Day Concert.
2017	<ul style="list-style-type: none">● National Primary Schools' Wushu Championship: 15 students took part in 6 events. 6 students attained positions of school points.● Performed for Prize Giving Day Concert
2016	<ul style="list-style-type: none">● National Primary Schools' Wushu Championship: Attained 1 Gold and 2 Silver. 16 students took part in 8 events. 6 students, attained positions of school points.● Performed for KPS National Day Celebration and Prize Giving Day Concert
2015	<ul style="list-style-type: none">● National Primary Schools' Wushu Championship: Attained 1 Silver and 1 Bronze. 12 students took part in 9 events. 3 students attained positions of school points.● Performed for the community at CCKZ8RC Anniversary Celebration
2014	<ul style="list-style-type: none">● National Primary Schools' Wushu Championship: Attained 1 Silver and 1 Bronze. 13 students took part in 6 events. 4 students attained positions of school points.● Performed for KPS Chinese New Year Concert● Performed for CCK National Day Observance Ceremony & Family Carnival● Performed for KPS National Day Celebration and Prize Giving Day Concert

TAEKWONDO

OBJECTIVES:

- To develop an appreciation for Taekwondo as a sport and as an art.
- To achieve physical fitness through positive participation.
- To improve mental discipline and learn self-defense skills.
- To develop a sense of responsibility for one's self and others.

BRIEF INTRODUCTION:

Taekwondo is a modern martial art, characterized by its kicking and punching movements to energize the body and the breathing techniques to provide focus.

There is no age limit in learning Taekwondo and it is a very good sport for children. They learn fast reactions through mock games, team and individual challenges to develop their skills and strengths. Training standards and competition rules are different for the children's category from the adult's norms.

Students will learn Poomsae (contactless pre-arranged set of movements). Some in the higher belt category will be chosen for Kyorugi (full contact sparring) where only kicks and punches to the body, not the head, are allowed to minimize injuries. Students in the Kyorugi bout will wear body and head protectors.

All students will have the opportunity to go through Grading (assessment to next belt and grade) and selected students will participate in the annual National Primary Schools Taekwondo Championship.

TAEKWONDO ACHIEVEMENTS:

2018	National School Games Taekwondo Championship <ul style="list-style-type: none">● Individual Event: 2 Gold, 6 Silver, 3 Bronze Medals● Team Events: 1 Gold, 2 Silver, 2 Bronze Medals● Overall Junior Female : Poomsae- 3rd Position (Bronze)● Overall Senior Male : Poomsae- 3rd Position (Bronze)
2017	National Primary Schools Taekwondo Championship <ul style="list-style-type: none">● Individual Event: 1 Gold, 3 Silver Medals● Team Events: 1 Gold and 4 Silver Medals● Overall Junior Female : Poomsae- 4th Position (Bronze)● Overall Senior Male : Poomsae- 2nd Position (Silver)
2016	National Primary Schools Taekwondo Championship <ul style="list-style-type: none">● Individual Event: 2 Gold, 5 Silver and 4 Bronze Medals● Team Event: 2 Gold and 5 Bronze Medals● Overall Junior Male : Poomsae – 4th Place (Trophy)● Overall Senior Male : Poomsae – 4th Place (Trophy)● Overall Senior Female : Poomsae - 2nd Position (Trophy) <p><u>Certificate of Participation:</u></p> <ul style="list-style-type: none">● Senior Division Female : Poomsae -1st Placing● Senior Division – Male : Poomsae – 2nd Placing
2015	National Primary Schools Taekwondo Championship <ul style="list-style-type: none">● Individual Event: 1 Gold and 2 Bronze Medals● Team Event: 1 Silver and 3 Bronze Medals
2014	National Primary Schools Taekwondo Championship 2014 <ul style="list-style-type: none">● Individual Event: 1 Gold, 1 Silver and 2 Bronze Medals● Team Event: 2 Gold, 2 Silver and 5 Bronze Medals● 1st Runner-Up in Overall Senior Boys

DANCE

OBJECTIVES:

- To develop an aesthetic understanding of various dance forms.
- To use dance as an instrument of communication and expression.
- To build character, inculcate discipline and boost confidence in students.

The International Dance group was started in 2012 and will merge with Fusion Dance to form the Dance CCA in 2018. Dancers who join us will be engaged in fun, interesting and enriching sessions. They will learn how to dance under professional coaching and master the finer points of preparing for performances. Students will be given opportunities to perform and showcase their talent in dancing through various platforms.

We want **YOU** to join us!

Together, **WE** will make use of the **PRESENT**, to create a bright **FUTURE** in order to leave behind a memorable **PAST** for Kranji.

ACHIEVEMENTS BY SINGAPORE YOUTH FESTIVAL & NON-SINGAPORE YOUTH FESTIVAL GROUP:

2018	<ul style="list-style-type: none">● Participated in Singapore Youth Festival (Certificate of Distinction)● Performed for Dance Extravaganza @ Bukit Panjang Plaza● Participated in the KPS Racial Harmony Day recess activity● Performed for KPS Arts Appreciation Week● Performed for KPS National Day Celebration● Performed for Limbang CCC National Day Celebration● Performed for KPS 21st Anniversary Celebration● Performed for KPS Annual Prize Giving Day
2017	<ul style="list-style-type: none">● Performed for KPS Arts Appreciation Week● Performed for KPS National Day Celebration● Performed for Limbang CCC National Day Celebration● Performed for Teacher's Day● Performed for KPS Annual Prize Giving Day
2016	<ul style="list-style-type: none">● Performed for KPS Music Appreciation Week● Participated in Singapore Youth Festival 2016 (Certificate Of Accomplishment)● Performed for Rainbow Centre (Yishun) as Outreach Programme● Performed for KPS Children's Day Celebration● Performed for KPS Annual Prize Giving Day
2015	<ul style="list-style-type: none">● Participated in Super 24 Dance Competition● Performed for KPS National Day Celebration and Prize-Giving Day● Performed for the community at CCKZ8RC Anniversary Celebration
2014	<ul style="list-style-type: none">● Performed for KPS Prize-Giving Presentation● Participated in DanceWorks Competition● Performed for the community at Chua Chu Kang Constituency National Day Celebration
2013	<ul style="list-style-type: none">● Participated in National DanceWorks Competition● Performed for KPS Arts Appreciation Week● Performed for the community at CCK Constituency National Day Celebration

CHOIR NEW! 2018

OBJECTIVES:

- To adopt a fun approach towards music-making as a family.
- To provide opportunities to expose Choir members to various forms of performances.

BRIEF INTRODUCTION:

A choir is a group of people who sing together. They rehearse together and perform at concerts and special events. Choir usually sings in unison (all singing the same line) or different parts. The parts are called soprano and alto.

Students will learn about proper posture, breath support, tone quality, diction and harmony through Choir. There will also be physical and vocal warm-up sessions as well as musical activities for students to learn specific musical skills. Students will be exposed to a variety of genre of songs and these songs can be sang in unison or two parts.

PERFORMANCE OPPORTUNITIES:

2018	<ul style="list-style-type: none">● 21st Anniversary Celebrations cum Official Opening of Indoor Sports Hall● Prize Giving Day Ceremony
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ART CLUB

BRIEF INTRODUCTION:

OBJECTIVES:

- To expose students to various Art mediums.
- To nurture the potential in students to be creative.
- To create an environment that provides an aesthetically conducive learning experience for students.

The Art Club focuses on letting the students demonstrate their creativity and skills by exploring different genres, mediums and materials. They are allowed to translate their ideas and thoughts into reality. Our instructors also expose students to various art processes which they do not experience in their daily art lessons and prepare them for Singapore Youth Festival (SINGAPORE YOUTH FESTIVAL) Arts Exhibition competition.

ACHIEVEMENTS:

2017	<ul style="list-style-type: none">● Attained Certificate of Recognition at Singapore Youth Festival Art Exhibition with art piece, "My Magic Playground" by our P5 and 6 students.
2015	<ul style="list-style-type: none">● Attained Certificate of Participation at Singapore Youth Festival Arts Exhibition and art piece created by our P2 students was exhibited.
2013	<ul style="list-style-type: none">● Attained Certificate of Recognition at Singapore Youth Festival Arts Exhibition.
2011	<ul style="list-style-type: none">● Attained one Bronze Award for Singapore Youth Festival Art Competition.

DIGITAL MEDIA CLUB

OBJECTIVES:

- To equip our students with the knowledge in the area of digital and media software and equipment.
- To instil a holistic learning approach by promoting interest in the digital media.

BRIEF INTRODUCTION:

The Digital Media Club conducts training sessions that impart students with storyboarding, video production and editing, coding and photography skills.

In 2017, we introduced film production. We participated in the Schools Digital Media Awards and National Coding Competition.

In 2018, we introduced basic photography skills and coding with Swift.

In 2019, we will introduce robotics programming and/or mobile game development.

By the end of a full year module, our students should be able to apply programming skills in robotics and/or mobile game development.

ACHIEVEMENTS:

2018	<ul style="list-style-type: none">● Took part in Our Schools, Our Stories Photo contest.● Took part in 7th National Young Shuttebugs 2018.● Attended Photography Programme.
2017	<ul style="list-style-type: none">● Took part in National Coding Competition 2017 (Bronze Award).● Took part in Schools Digital Media Awards 2017 (SDMA) Competition.● Attended Film Production Programme.
2016	<ul style="list-style-type: none">● Took part in National Coding Competition 2017 (Bronze Award).● Attended Clay Animation Programme.
2013	<ul style="list-style-type: none">● Took part in NICA competition.● Took part in SDMA competition.● Awarded Infocomm Club's Letter of Acceptance.
2010	<ul style="list-style-type: none">● Attained '1st place' in National Library Board "Ask Stupid Questions"

SCIENCE CLUB

OBJECTIVES

- To promote students' interest in Science through modular hands-on activities.
- To develop students' Science process skills.
- To extend students' knowledge about the World of Science beyond the curriculum syllabus.

BRIEF INTRODUCTION:

Our club offers ample opportunities for members to experience a variety of inquiry-based Science activities that will promote their interest and develop their Science knowledge and process skills. Through the hands-on activities, we hope to provide experiences for our members to explore and apply the Science knowledge in everyday life.

Activities include:

- Learning journeys to educational venues such as Singapore Zoo, Science Centre and Omni Theatre
- Toy-making workshop conducted by teachers
- Inquiry-based and problem-based activities that focus on a theme each semester
- Hands-on activities that follows the semestral theme and build up of information pertaining to one Science concept
- Biodiversity Trail on butterfly watch in our school butterfly garden
- School-based web-Quest that raise students' awareness in 3Rs (Reuse, Recycle and Reduce)

ACHIEVEMENTS:

2018	<ul style="list-style-type: none">● Students embarked on new activities/ projects
2017	<ul style="list-style-type: none">● 10 projects submitted for Sony Creative Toy Competition
2016	<ul style="list-style-type: none">● 10 projects submitted for Sony Creative Toy Competition
2015	<ul style="list-style-type: none">● 12 projects submitted for Sony Creative Toy Competition
2013	<ul style="list-style-type: none">● 12 projects submitted for Sony Creative Toy Competition● 48 members received their Young Scientist badges.

CUB SCOUTS
(For both BOYS & GIRLS) **NEW!**

OBJECTIVES:

- To inculcate sound values and life-skills in our students.
- To develop our students physically, intellectually, socially and spiritually.

BRIEF INTRODUCTION:

Over 25 million **boys and girls** in over 216 countries and territories have discovered the Scouting way of life, its Promise, Law and Motto. With its fun-filled, exciting activities and programmes, scouts consisting of both boys and girls can discover, learn and put into practice essential life skills through serving others and learning by doing.

The Cub Scouts Section Training Scheme is divided into 3 progress badges and a highest award:

- i. Bronze Arrow
- ii. Silver Arrow
- iii. Gold Arrow
- iv. Akela Award

Each progress badge comprises tests for Citizenship, Leadership and Responsibility, Physical Skills, Self-Reliance, Adventure and Fun.

Choose to make a difference in your own life! Join the Cub Scout Unit today!

ACHIEVEMENTS:

2018	<ul style="list-style-type: none">● Attained Gold in Adiji Chief Scout - Cubs West Area Day (Caterpillar Race)
2017	<ul style="list-style-type: none">● Attained Bronze in Frank Cooper Sands Award● Attained Silver in West Area World Scout Day
2016	<ul style="list-style-type: none">● Attained Silver in Frank Cooper Sands Award● Attained Bronze in Founders' Day Rally
2015	<ul style="list-style-type: none">● Attained Bronze in Frank Cooper Sands Award● Attained Gold in Cub Scouts Gangshow● Attained Bronze for Football in District Games Day● Attained Silver for Captain's Ball in District Games Day
2014	<ul style="list-style-type: none">● Attained Bronze in Frank Cooper Sands Award● Attained Gold in Founders' Day Rally
2013	<ul style="list-style-type: none">● Attained Bronze in Frank Cooper Sands Award● Attained Gold in Cub Scouts Gangshow

THE END